



NUTRITIONAL INFORMATION

** Reg = Regular Crust, WW = Whole Wheat Crust, Serving Size = 1 Slice - Medium Pizza Cut Into 8 Slices

	Serving Size	Calories (cals)	Fat (g)	Carbohydrates (g)	Fibre (g)	Protein (g)
Pepperoni <i>Ingredients: Reg Crust, Pepperoni, Mozzarella Cheese.</i>	1 Slice	220	5	30	1	10
Veggie <i>Ingredients: Reg Crust, Mozzarella Cheese, Onions, Tomatoes, Green Peppers, Mushrooms, Green Olives.</i>	1 Slice	210	5	30	2	10
Deluxe <i>Ingredients: Reg Crust, Mozzarella Cheese, Pepperoni, Mushrooms, Green Peppers, Onions & Bacon.</i>	1 Slice	240	5	30	2	15
Canadiana <i>Ingredients: Reg Crust, Cheddar & Mozzarella Cheese, Pepperoni, Bacon & Mushrooms.</i>	1 Slice	250	10	30	1	15
Hawaiian <i>Ingredients: Reg Crust, Extra Mozzarella Cheese, Ham & Pineapple.</i>	1 Slice	240	5	30	1	15
Chicken Parmesan <i>Ingredients: Reg Crust, Mild Salsa, Grilled Chicken, Mozzarella & Parmesan Cheese, Tomatoes, Onions, Italian Herbs.</i>	1 Slice	210	5	30	1	10
Turkey Pepperoni Sensation - Reg <i>Ingredients: Reg Thin Crust, Moderate Cheese, Salsa Sauce, Turkey Pepperoni, Tomatoes, Onions, Italian Herbs.</i>	1 Slice	180	5	25	2	10
Turkey Pepperoni Sensation - WW <i>Ingredients: Whole Wheat Thin Crust, Moderate Cheese, Salsa Sauce, Turkey Pepperoni, Tomatoes, Onions, Italian Herbs.</i>	1 Slice	140	5	20	6	5
Thai Sensation <i>Ingredients: Reg Crust, Garlic Butter Base, Chicken Strips, Mozzarella Cheese, Green Peppers, Sweet Red Onions, Roasted Red Peppers, Sweet & Spicy Thai Sauce, & Garlic and Herb Seasoning.</i>	1 Slice	280	5	40	5	15
Grilled Chicken Bruschetta <i>Ingredients: Reg Crust, Garlic Butter Base, Mozzarella Cheese, Grilled Chicken, Tomatoes, Onions, Parmesan Cheese and Italian Herbs.</i>	1 Slice	310	5	40	8	15



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Greek <i>Ingredients: Reg Crust, Mozzarella Cheese, Kalamata Olives, Tomatoes, Onions, Green Peppers, Feta Cheese & Italian Herbs.</i>	1 Slice	240	5	35	5	10
Mexican <i>ingredients: Reg Crust, Extra Cheese Blend, Salsa Sauce, Mexican Beef, Onions, Tomatoes & Jalapeno Peppers.</i>	1 Slice	240	10	30	2	10
Buffalo Chicken <i>Ingredients: Reg Crust, Wing Sauce Base, Mozzarella Cheese, Marinated Boneless Wings (med spicy), Sweet Red Onions, Roasted Red Peppers & Ranch Dressing.</i>	1 Slice	220	5	30	1	10
Beef Meltdown <i>Ingredients: Reg Crust, Garlic Butter Base, BBQ Sauce, Cheese Blend, Sirloin Steak Strips, Mushrooms, Tomatoes, Onions, Topped with Parmesan & Feta Cheese & a sprinkle of Chilli Flakes.</i>	1 Slice	270	10	30	2	15
Chicken Meltdown <i>Ingredients: Reg Crust, Garlic Butter Base, Cheese Blend, BBQ Sauce, Chicken Strips, Mushrooms, Tomatoes, Onions, Topped with Parmesan & Feta Cheese & a sprinkle of Chilli Flakes.</i>	1 Slice	270	10	30	2	15
Tropical Heatwave <i>Ingredients: Reg Crust, 2 layers of Cheese Blend, Pepperoni, Pineapple, Bacon, Hot Peppers & Garlic Butter Crust.</i>	1 Slice	340	20	30	2	15
BBQ Chicken <i>Ingredients: Reg Crust, Garlic Butter Base, Mozzarella Cheese, BBQ Sauce, Chicken Strips, Sweet Red Onions, Mushrooms & Garlic and Herb Seasoning.</i>	1 Slice	260	5	40	3	15
Romano <i>Ingredients: Reg Crust, Asiago & Mozzarella Cheese, Pepperoni, Extra Italian Sausage & Italian Herbs.</i>	1 Slice	260	10	30	2	15
10 Topper <i>Ingredients: Reg Crust, Mozzarella Cheese, Pepperoni, Ham, Bacon, Italian Sausage, Mushrooms, Green Peppers, Onions, Green Olives, Plus 2 more toppings of your choice</i> <i>Nutritional information based upon the 8 standard toppings listed above only. The optional 2 toppings will alter this information accordingly.</i>	1 Slice	250	5	30	2	15



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Meat Mountain	1 Slice	270	10	30	2	15
<i>Ingredients: Reg Crust, A Mountain of Pepperoni, Ham, Bacon, Ground Beef, Italian Sausage & Mozzarella Cheese.</i>						
Montreal Steak	1 Slice	260	5	35	3	15
<i>Ingredients: Reg Crust, Garlic Butter Base, BBQ Sauce, Mozzarella Cheese, Sirloin Steak Strips, Mushroom, Onions, Green Peppers, Montreal Steak Spice.</i>						
Bacon Double Cheese Burger	1 Slice	280	10	30	2	15
<i>Ingredients: Reg Crust, Extra Cheese Blend, Extra Ground Beef & Extra Bacon.</i>						
Chicken Caesar	1 Slice	190	5	20	1	10
<i>Ingredients: Thin Crust, Creamy Tomato & Garlic Sauce, Cheese Blend, Marinated White Chicken Strips, Bacon & Parmesan Cheese.</i>						
Fiesta	1 Slice	230	10	25	4	10
<i>Ingredients: Ultra-Thin Crust, Garlic Butter Base, Cheese Blend, Zesty Sauce, Marinated Chicken, Sweet Red Onions, Tomatoes, Italian Herbs & Feta Cheese.</i>						